

# Flinders Park Primary School Canteen Winter Menu – Terms 2 and 3 2018

## Monday to Friday - Recess Only

Muffin pizza (ham, chicken or cheese) \$1.00

## Monday to Friday – Recess and Lunch

Seasonal Fruit cups \$2.00  
 Bananas, oranges, apples/pears \$1.00  
 Salad Snacks \$2.00  
 Low Fat Mousse small 50c  
 Large 1.00  
 Fruit Muffins/Banana/Orange cake \$1.00  
 Honey soy chip \$1.50

## Monday to Friday – Lunch Only

### SANDWICHES, BAGUETTES & WRAPS

Made fresh to order, white or wholemeal

Salad (lettuce, carrot, cucumber, tomato) \$4.50  
 Ham OR Chicken OR Egg OR Tuna & salad \$5.50

Wrap extra 50c  
 Baguette extra.....1.00

### TOASTED SANDWICHES /HOT ROLLS (BAGUETTE ROLL)

Ham and cheese SW/hot roll \$4.00 / Rolls \$5.00  
 Chicken and cheese SW/hot roll \$4.00 / Rolls \$5.00

### TOASTED WRAPS

Ham, cheese \$4.50  
 Chicken and cheese \$4.50

### HOT FOOD

Beef pie (Mrs Mac) \$3.70  
 Sausage Roll (Mrs Mac) \$3.70  
 Pasty (vegetarian) \$3.70  
 Fried Rice \$4.50  
 Garlic Bread \$1.50  
 Chicken Instant Noodle Cup \$2.50  
 Spaghetti & Meatballs \$4.50

### HOT FOOD (CONTINUED)

Chicken & vegetable soup \$3.00  
 Chicken & vegetable soup with garlic bread \$4.00

### PIZZA SUBS (BAGUETTE BASE)

#### Ham

Half (50c extra for pineapple) \$1.50  
 Full (\$1 extra for pineapple) \$3.00

#### Chicken

Half (50c extra for pineapple) \$2.00  
 Full (\$1 extra for pineapple) \$3.50

#### Cheese

Half (50c extra for pineapple) \$1.00  
 Full (\$1 extra for pineapple) \$2.50

### BURGERS / WRAPS

Chicken Burger (lettuce and mayonnaise) \$5.00  
 Cheese Burger (meat/cheese + sauce) \$5.00

Add cheese, tomato, lettuce, cucumber,  
 carrot, pineapple 50c each

### Sauces/Condiments

Tomato/BBQ sauce (Squeeze On) 30c ea  
 Sour cream/Sweet chilli sauce/Mayo/Aioli 50c ea

### Drinks

Water Large \$1.50  
 Hot Milo \$2.00  
 Up & Go  
 (Chocolate / vanilla / banana / strawberry) \$2.50  
 Big M (Chocolate / strawberry) \$2.50  
 Popper Juice  
 Orange /apple /apple & blackcurrant \$2.00

## Daily Lunch Specials

### Monday

Chicken Goujons (Maximum 8) 40c ea  
 Chicken Nuggets (Maximum 6) 60c ea

### Tuesday

Quiches (ham & cheese/cheese) 50c each  
 Pinwheels ham & cheese 50c each  
 cheese & vegemite 50c each  
 cheese or chicken & cheese 50c each

### Wednesday

Hot Spud with cheese \$3.50  
 Add ham, pineapple, sour cream 50c ea  
 Rustic Fries Bag \$2.00  
 Box \$3.50

### Thursday

Nachos (corn chips, salsa and cheese) \$4.50  
 Add sour cream 50c  
 Chicken Quesadilla (tortilla, chicken, salsa, cheese)  
 Toasted \$3.00  
 Add sour cream 50c

### Friday

Hot Dog (with sauce) \$3.00  
 Hot Dog (with sauce and cheese) \$3.50

## GREEN – CHOOSE PLENTY

## AMBER – OCCASIONAL FOODS

# Flinders Park Primary School

## Canteen



## Menu

Terms 2 and 3  
2018

### RECESS AND LUNCH ORDERS

Order Online at [www.quickcliq.com.au](http://www.quickcliq.com.au)

OR

at the Canteen from 8:30am

All chicken products are Halal accredited.  
For information on other Halal products, please  
contact the Canteen.